

# 0777 newsletter



VOLUME 10 ISSUE 5

**AA HOTLINE 727 847-0777**

MAY 2011

## *Unity Meeting*

Cotee River Young People Group hosts the monthly **Unity Meeting**, 7 PM Saturday, May 21, at Redeemer Community Church, 7540 Ridge Rd., NPR, 1 mile E. of Little Rd., S. side.

Come and enjoy fellowship, speakers & snacks while supporting AA's work.

Will your group sponsor a Unity meeting? Call John C., coordinator, (727) 597-0418.

### **Erich B., of Came to Believe Group, commented:**

**"My sponsor knows me better than anyone after guiding me through the first four steps, so doing Step Five with him was best, also because he is going to guide me through the 'amends' steps."**

## **What's Inside**

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## **Step Five: Admitted to God, to ourselves and to another human being the exact nature of our wrongs.**

### **How Do You Spell Relief? 'Step Five'**

Imagine having to wear a big backpack full of cement all your waking hours. Then one day, someone cuts its straps with special scissors and the backpack falls away. What a relief!

That's the kind of relief most AAs report after taking Step Five. Guilt and remorse from their drinking careers and before are washed away. They understand the old saying, "Confession is good for the soul."

Your rescuer in the above scenario is the one who heard your Fifth Step, and the special scissors that freed you represent Step Five.

The Step Five chapter in *Twelve Steps and Twelve Traditions* (pg. 55) warns: "A.A. experience has taught us we cannot live alone with our pressing problems and the character defects which cause or aggravate them."

"We're only as sick as our secrets," and, "Admit the five things you'd like to take to your grave," are sayings we hear in the rooms.

An informal poll by the *0777newsletter* found that most AAs chose their sponsors to hear their Fifth Step.

**See Step Five on Pg. 5**

## *Snowbird Volunteer Applauds Our AA*

Although I had vacationed in Florida many times and even eventually bought property, my first sober visit was not until March, 2010. I had just recently completed my "90 in 90."

Prior to my departure from Buffalo I had checked out the local AA website, so I knew that there was an abundance of meetings in Pasco County. I was still a bit shaky and somewhat disoriented, but I was enjoying my "pink cloud" and did not want it to end abruptly. I knew that my only hope for on-going sobriety was continued regular meeting attendance.

Getting to my first meeting in Florida was not without a bit of drama. After mapping out the directions, I set out for the meeting with eager anticipation. When I arrived, I was disheartened to find no one there. Just as I was about to drive away, another person showed up. I have no doubt that my Higher Power sent him. After making a phone call, he informed me that the meeting had been cancelled, but gave me directions to another nearby meeting site. I walked in just in time for the reading of "How It Works." A tremendous feeling of relief welled up in me. After being welcomed, I felt as if I had never left home.

**See 'Snowbird' on Pg. 5**

**Tradition Five: Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.**

0777 Newsletter

The Newsletter Committee is soliciting info about any AA Activities- group events, dances, picnics etc.

Submit info by 20th of the month prior to publication to: news0777@yahoo.com

Or deliver or mail to

West Pasco/Tarpon Springs InterGroup

6611 US 19 Suite 505

New Port Richey, Fl. 34652

**Donation Addresses**

West Pasco/Tarpon Springs Inter-Group

TREASURER

6611 US 19 Suite 505

New Port Richey, Fl. 34652

District 15 General Service

TREASURER

P.O. Box 692

Elfers, Fl. 34680-0692

Area 15 General Service

Area 15 Treasurer

PO Box 650699

Vero Beach, FL 32965-0699

AA General Service Office

PO Box 459

Grand Central Station

New York, New York 10063

April Central Office

Niteline calls ..... 66

Office calls ..... 59

Walk-ins ..... 23

**May Anniversaries**

<u>NAME</u>	<u>YEARS</u>	<u>NAME</u>	<u>YEARS</u>	<u>NAME</u>	<u>YEARS</u>	<u>NAME</u>	<u>YEARS</u>
		<b>Hoot 'N Holler</b>		<b>NPR KISS</b>		<b>Pasco Big Book</b>	
<b>AA Way</b>		Jim H.	32	Dani	4	Bob D.	24
John D.	8	Paul F.	5	Jeremy H.	3	Dennis S.	32
		Vince O.	31	Kevin M.	2	Jim B.	16
<b>Back to Basics</b>		<b>How Important Is It?</b>		Nick P.	24	Joel D.	22
Mark Mc	4	Max H.	24	Paul F.	5	John F.	20
		<b>Cotee River</b>		Phil V.	7	Roy A.	7
Joy G.	24	<b>KIS Women's</b>		<b>Serenity Group</b>		Tom Z.	16
		Jackie M.	3	Kim H.	20	Warren B.	26
<b>Happy, Joyous</b>		Bridget S.	22	<b>Living Sober</b>		<b>2 For 1 Womens</b>	
<b>And Free</b>		<b>Living Sober</b>		Mike S.	2	Pam S.	3
Marilyn Mc	11	<b>New Hope Be-</b>		Linda S.	10		
		<b>ginners</b>		<b>Tropical</b>			
<b>Noon High</b>		Dottie I.	23	<b>Attitudes</b>			
Fred G.	40	Melinda V.	2	Bridget S.	22		
Stephani B.	22	Stacy	5				

**Rosan K., of Pasco Big Book Group,** took Step Five with her sponsor, "who took me through the steps that I didn't believe would work, and they've worked for 16 years." Rosan agreed that willingness has been the key.

**Todd M., Wednesday Night Men's Group,** chose a clergyperson whom he did not know. "I wanted to have clergy confidentiality," he said.

**Nancy S., Came to Believe Group,** did Step Five with her sponsor, "the person who knows me best." Nancy has been in the rooms since 1987.

**Bridging-the-Gap**

**Detox/Treatment/Jails Needs volunteers. Please Call Central Office (847-0777) and leave message for Don C.**

**Al-Anon Hotline**

**1-352-697-0497**

**Volunteers Needed**

**At Central Office!**

**Hotline Coordinator**

**Office Staff for:**

**2 shifts daily Mon.-Fri.**

**10:00 AM - 1:30 PM,**

**1:30 PM- 5:00 PM**

**1 shift Sat. 10:00 AM - 1 PM**

**Call 847-0777**

**Groups Represented at InterGroup 4/13/2011**

- New Life***
- Happy, Joyous & Free***
- New Hope Beginners***
- 3 & 11 Steps***
- Noon High***
- Back to Basics***
- How Important Is It?***
- Amazing Grace***
- Let's Get Better Together***
- Tropical Attitudes***
- NPR KISS***
- Life Recovery***
- Happier Hour***

**Meeting Updates**

**Speakers Wanted**

**Pasco Big Book Group** needs speakers for its Saturday night Open Speaker Meetings, which are at 8 PM at Edna Club, 7137 Edna Ave., Hudson. Call Bob T., 819-9427.

**Bring Beginners**

**NPR KIS Group's Open Beginners meeting** needs support—6:45 PM Mondays, Redeemer Community Church, 7540 Ridge Rd., NPR

**Two Eating Meetings**

**Cheeseburger Cookout, Let's Get Better Together Group**, 7 PM Monday, May 23, followed by 8 PM open **Grapevine** meeting, Spirit of Life MCC Church, 4133 Thys Rd., NPR

**Pasco Big Book** monthly **Eating Meeting**, 7 PM Thursday, May 26, followed by 8 PM **Member Anniversaries Speakers Meeting**, Edna Avenue Club, 7137 Edna Ave., Hudson. **Eight members celebrating 163 years' sobriety!** "Bring a dish if you can."

***'Snowbird' from pg. 1***

In the following six weeks I attended a wide variety of meetings, met many interesting people, and struck up a number of friendships. Receiving my six-month token was a special thrill. All this helped strengthen my sobriety immensely. Upon returning to Buffalo, I had many experiences to share with my AA friends.

When I came back to Florida in November, I resolved to build on the foundation I had laid the previous Spring. I felt that I should have a Florida home group. When I found out about the fledgling "Let's Get Better Together Group," I knew that my Higher Power was guiding me again.

Knowing the importance of service work, I took on a weekly shift volunteering at the Intergroup Office. Most importantly, I have made many wonderful friends who help support my sobriety. I am very grateful to all the terrific people who have made my snow bird experience so rewarding.

By the time you are reading this, I will have "shuffled off," but I will be looking forward to my return in the Fall.—**Ted K.**, Let's Get Better Together Group

**District 15 Opportunities**

- Grapevine Chair & Alternate
- Literature Chair & Alternate
- Treatment Chair
- DCM for Subdistrict 1

*3rd Tuesday 6:30 PM. See calendar Pg. 4*

**Treasurer's Report**

March 2011

Beginning Balance.....	\$4,243.63
Income.....	\$1,936.43
Expenses.....	\$1,685.16
Ending Balance.....	\$4,494.90

***Step Five from pg. 1***

Clergy were the Number Two choice for Fifth Steps. They have training in counseling and are legally protected against having to testify about confidences in most situations. Exceptions include ongoing abuse and threats of violence, according to a law website, [quickanddirtytips.com](http://quickanddirtytips.com).

Step Five is a big test because it forces us to face our fear of baring our souls to another person. In fact, members most often identified fear as their number-one character defect in a poll by **AAGrapevine.org**. AAs have an appropriate acronym:

- Face**
- Everything**
- And**
- Recover**

**Thanks! All at Central Office join in a big 'Thank You' to the anonymous office volunteer who donated the new executive-style chair for the phone desk. Come volunteer at the office and enjoy a comfy seat. Free coffee, too.**

**May 2011**  
**Mystery Phrase**  
**Puzzle**  
**(the Promises)**

**Directions-**

Find all the words listed and use the remaining letters to solve the **mystery phrase**. (Hint- circle individual letters that you find to make it easier to see the left-over letters.)

**Mystery Phrase:**

(...shall happen.)

**ANSWER: The promises**

*By Rain S., Noon High*

I A T H G N I K A T S N I A P  
 N B I E D W H A P P I N E S S  
 T O P N I N E S W O L L E F S  
 U U W S S C E A T G R R O E T  
 I T H I A E M H A H E M E D N  
 T E I E L A C I E T I K S R E  
 I C P S Z L N U T R I N E O M  
 V N K E E R E A R N P N G W P  
 E E D O O L M Z G I O M T S O  
 L I E O O L F E I G T E O P L  
 Y R D L O L L I D L R Y H C E  
 T E S S I P T O S G A A S H V  
 U P E A O F W U E H S E L L E  
 H X H E A N E R O E P P R E D  
 S E P N S S E N S S E L E S U



**Steering Committee**

*2 years sober, 1 1/2 yr term*

**Finance Committee**

*2 yrs sober, 2 yr term*

**Nightline Co-ord.**

*1 yr sobriety, 1 yr term-*

*(Call*

*Central Office @*

*727-847-0777)*

*Nominations accepted at **InterGroup***

*Meeting 2nd Wednesday, 6:30 PM*

*At Central Office*

**BE THERE !**

**Word List**

about	amazed	comprehend	development
door	down	experience	fellows
gain	gone	happiness	insecurity
intuitively	life	lose	matter
outlook	painstaking	peace	people
phase	regret	realize	seeking
selfish	shut	things	uselessness
will	wish	word	

## May Calendar

**May 5-8: "Woodstock of AA,"** Cocoa Beach 21st Spring Conference, International Palm s Resort. Details on line at leestapesandcbs.com or in April newsletter at [wpt saa.org](http://wpt saa.org) or call Central Office.

**May 7: District 15 Public Info/CPC Special Needs Comm.** Noon, A Club, 5650 Missouri Ave., NPR.

**May 14: District 15 Treatment Comm.,** Noon, A Club. Join & help carry the message into detox and ACTS.

**May 11: WPTSAA Intergroup Meeting,** 6:30 PM, Central Office, 6611 US 19, Ste. 505, NPR. **Send a group member & be represented.**

**May 20: District 15 meeting,** 6:30 PM, Community Congregational Church, 6533 Circle Blvd., NPR.

**May 20-22: 12th Spring Into Sobriety Women's Conference,** DaySpring Conference Center, Parrish, FL. For info see April newsletter on line or access [www.sisconference.com](http://www.sisconference.com) or call Central Office.

**May 21: District 15 Corrections Comm.,** Noon, A Club.

—**Unity Meeting,** 7 PM Redeemer Community Church, 7540 Ridge Rd., 1 mi. east of Little Rd. Host: **Cotee River Young People Group.** Speakers, fellowship, coffee, snacks. Basket helps support Intergroup.

**May 23: 7 PM Cheeseburger Cookout,** followed by open **Grapevine Meeting** at 8 PM. **Let's Get Better Together Group,** Spirit of Life MCC Church, 4133 Thys Rd. NPR.

**May 26: Pasco Big Book** monthly **Eating Meeting** at 7 PM, followed by **Member Anniversaries Speakers Meeting** at 8 PM, Edna Club, 7137 Edna Ave., Hudson. "Bring a dish if you can." **Eight members celebrating 163 years of sobriety!**

**May 27-30: Summer Kickoff Classic,** Hilton St. Petersburg Bayfront Hotel. Annual AA event with Alanon and Alateens. Info: (727) 825-7010 or online at: [summerkickoffclassic.org](http://summerkickoffclassic.org).

**May 27-30: Ancient City Unity Roundup,** May 27-30, St. Augustine. Renaissance Resort at World Golf Village. Info: Call Fred 389-677-6037 or register on line at: [ancientcityaa.com](http://ancientcityaa.com).

**May 28: District 15 Archives Committee,** Noon, Central Office. Come get involved and learn AA history!

### *More Fifth Steps*

**Edie W., of Keep It Simple Women's Group,** chose a retired priest with many years in AA, who said: "You won't tell me anything I haven't heard because I'm from Chicago." She also did part of the step with her sponsor.

**Carol T., of the Miracle Group,** also used both sponsor and clergy. "I took Step Five with my sponsor, but saved the bad stuff for a priest."

**Frank F., 3 & 11 Steps Group,** chose his sponsor. "Afterward I felt a sense of accomplishment, a feeling that I was making progress through the steps. I felt relief, too."



## Archive Corner

A member who wishes to remain anonymous was first with the answer to last month's question, "In what book and on what page is found the following statement regarding Step Four: **'Resentment is the 'number one' offender.'**"

The answer: **Page 64 of *Alcoholics Anonymous*, the "Big Book."**

The new question refers to Step Five: **Who is it that most AAs choose to take their Fifth Step with, according to an informal poll by 0777news?**

Email me with your answer and/or a question for next month: Nancy A., District 15 Archives Chair. My email is: [nauxier@verizon.com](mailto:nauxier@verizon.com).

**Archives are on display at Central Office. Stop in to see them & have coffee.**

## *Looking Ahead*

**Steps to Freedom,** 9am-5 pm June 18, Christ the King Church, 821 S. Dale Mabry Hwy, Tampa. All-day **12 Steps Workshop** to be conducted by **Mickey B.** from California. Tickets \$8 in advance, \$10 at door, lunch included. Proceeds support **Tampa Bay Area Institutions Committee's** carrying of message into jails, institutions. Call (813) 447-9894 or (813) 850-9888.

**55th Florida State Convention, July 20-24, Orlando,** Doubletree Hotel/Universal Studios. Events include speakers, 2 banquets, ice cream socials, entertainment, fitness run/walk, golf tournament, workshops, Al-Anon, Ala-Teen, meetings and more. Details at **Central Office** or online at [55.FLSTATECONVENTION.COM](http://55.FLSTATECONVENTION.COM).

**16th Annual Southeast Region Woman to Woman Seminar,** Aug. 26-28, Naples Grand Beach Resort Hotel, Naples, FL. Theme: **Secrets Women Don't Share.** Pool & beachside workshops, speakers, entertainment, banquet, fun, fellowship. Registration \$30 by July 15, \$35 at door, not including room. Info: (404) 284-0517 or (352) 622-6037 or online at [www.sewomantowoman.org](http://www.sewomantowoman.org)

**SoberCruises.com** has three week-long AA/Alanon cruises scheduled for coming months: from Seattle with four stops in Alaska Aug. 16-23; from New York with four stops in Canada Oct. 8-15; the Caribbean from Miami with stops at Key West, Cozumel, Roatan, Montego Bay. Details at 1-866-356-8211 or online at [sobercruises.com](http://sobercruises.com). Flyers available Central Office.

**Group Contributions 2011** (Those not in by the 21st each month will be posted the next month.)

GROUP DONATIONS	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	TOTAL
000617577-015	37.80												\$37.80
1001 Reasons													-
2 for 1 Women's Step Study		20.00		15.00									35.00
3 & 11 Group				20.00									20.00
4th Dimension													-
7 & Up Group	50.00												50.00
A Club 12 & 12													-
A Club Big Book													-
A Club Joe & Charlie Tapes													-
A Club Saturday AM Big Book	30.00			50.00									80.00
A Club Sunday AM Gratitude	100.00			100.00									200.00
AA Way Group													-
Along Spiritual Lines													-
Amazing Grace			32.50										32.50
Anonymous	11.65		3.90	0.50									16.05
As Bill Saw It				25.00									25.00
Back to Basics													-
Bayou Group													-
Brown Baggers	20.00			20.00									40.00
Came to Believe	25.00			25.00									50.00
Candlelight Beginners													-
Cotee River Young People													-
Discover the Truth													-
District 15													-
Each Day New Beginning			20.00										20.00
Easier Softer Way													-
Edna Ave. Club 12 & 12													-
Edna Ave. Joe & Charlie Tapes													-
Friday Night Live													-
Friday Night Serenity													-
Grapevine													-
Happier Hour													-
Happy Joyous & Free													-
Hoot n Holler Group													-
How Important Is It	48.00			48.00									96.00
Intergroup	22.00		20.00	18.00									60.00
James Gang				10.00									10.00
KIS Women's Group													-
Let's Get Better Together				102.00									102.00
L.I.F.E. Recovery			12.00										12.00
Living Sober Study Group				25.00									25.00
Living Sober Group													-
Men Only													-
Men's Lets Talk													-
Miracle Group													-
Monday Night Big Book		25.00											25.00
Morning Inventory													-
New Hope Beginners	25.00		25.00										50.00
New Life Group													-
Noon High		60.00	30.00										90.00
Not a Glum Lot	10.00	10.00	10.00										30.00
NPR KISS Group		10.00	20.00	10.00									40.00
Pasco Big Book	40.00			60.00									100.00
Serenity Group													-
SOS Group													-
Surrender Group													-
Thursday 12 & 12													-
Triangle Group													-
Tropical Attitudes	60.00	60.00	60.00	60.00									240.00
Two or More	100.00	100.00	100.00	100.00									400.00
Unity Meeting	20.00	45.25	52.13										117.38
Wonderful Step Group													-
<b>TOTALS</b>	<b>\$599.45</b>	<b>\$330.25</b>	<b>\$385.53</b>	<b>\$688.50</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$2,003.73</b>

*Please keep in mind the seventh tradition: Every A. A. group ought to be fully self-supporting, declining outside contributions. That means Central Office is supported by your group contributions. Thanks for your support!*